

Regardless of style or organization we invite you all on Croatian Open Kyokushin Summer Camp





Date: August 24 - 28, 2023 (Thursday - Monday)

Place: City of Zadar, situated on the Adriatic Sea of the wider northern Dalmatian region

Accommodation: High school dormitory Zadar, 10 min. walk from the center and the old town



Zadar is an ancient Mediterranean port city. The old town, surrounded by walls and towers on a peninsula, with a new, urban part connected by a bridge (following photos were taken on the 12th EKO Matsushima Summer Camp – Zadar 2021 with 73 participants from 13 countries).

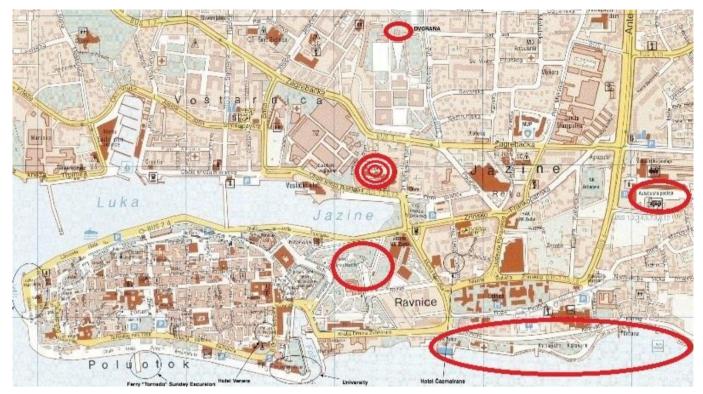


Church of St Donatus – is a symbol of the city of Zadar and the most famous example early of medieval Croatian architecture, the church is unique in Europe. Due to its superb acoustics, it is also a

acoustics, it is also a popular venue for music events.

Training locations and distances:

- City park is located in front of old town on peninsula 5 min. walk from the Hostel to the south;
- City beach Kolovare with many small beaches along the coast is 10 min. walk to the south;
- Sports Center with the tatami equipped sports halls is 10 min. walk to the north;
- Bus station is 15 min. walk to the east and Zadar Airport is 7 km on the east.



City Park – created on the Venetian fortress Forte and has almost five hectares. It was built between 1888 and 1890 on the idea of the then governor of Dalmatia Dragutin Blažeković, who was a lover of nature and plants.



City Beach Kolovare – 10 minutes walk from the Hostel. Suitable for all ages, people with disabilities and a popular meeting place for young people during whole year. Kolovare Beach has a Blue flag since 2014 - a mark of a beach that meets high standards.







Film director Alfred Hitchcock during his stay in 1964 wrote: "Zadar has the most beautiful sunset in the world, more beautiful than the one in Key West, in Florida, applauded at every evening".

Greeting to the Sun - remarkable installation made out of 300 photo-sensitive glass plates that absorb daylight and transform into a wondrous light show at night. Designed by Nikola Bašić who also designed Zadar Sea Organ (both are 20 min. walk from the Hostel)



Sea Organ – an architectural sound art object and an experimental musical instrument, which plays music by way of sea waves and tubes located underneath a set of large marble steps



Sports Halls - only 10 minutes walk from the Hostel at our disposal are two tatami equipped sports halls and gym.











Goal and program - the aim of the camp is to share the experience and knowledge between of instructors of interested participating clubs / teams on the camp following given topics:

- Morning trainings from 7 to 8 AM with running, kihon, stretching and meditation will be held on the city beaches;
- Ido geiko, kata (bunkai) and yakusoku kumite will be held in the City Park from 10 to 11:30;
- Kumite trainings will be held from 4 to 5:30 PM in sports halls directed in specific preparation of motor skills and technical & tactical preparation for the kumite competition in different categories with groundwork, self-defense and using weapons (bo, nunchaku, etc).

So, there will be plenty of time left to enjoy the sea and the sun and to tour the sights of the city.





High school dormitory Zadar

- Accommodation is in triple rooms with shared bathroom and toilet facilities;
- The Hotel has its own car park including a place for buses;
- Address: Obala kneza Branimira 10 A, 23 000 Zadar, Croatia;
- More about Hotel on: <u>http://www.hostelzadar.eu/start.html</u>









Price: 290 € per person and includes

- 4 full board in triple room with shared bathroom and toilet facilities;
- 3 meals a day started with lunch on Aug. 24th and finished with breakfast on August 28th;
- Training (for those who not take a part in training price is 240 €) & Sayonara party;
- Insurance and City tax.

Registration deadline: May 29, 2023 by application form on vlado.sekelj@gmail.com

* NOTE - the number of participants is limited!

Terms of payment:

 150 € of deposit from each participant have to be transferred to the follow bank account till May 29th (rest of the sum have to be paid in cash on the spot on Aug. 24th)

Beneficiary's name, address and IBAN:

- Kyokushin Karate Club "Domenica" Sveta Nedelja
- Gacka 7, 10437 Bestovje, Croatia
- IBAN: HR76 2403 0091 1210 0480 0

Beneficiary's bank:

- Samoborska Banka DD
- Trg Kralja Tomislava 8, 10430 Samobor, Croatia
- SWIFT / BIC: SMBRHR22

* NOTE - As a purpose of payment please write: Participation of the Summer Camp Zadar 2023

More info:

- Sensei Vladimir Sekelj, 4 Dan (president of the Croatian Kyokushinkai Association and Kyokushin Karate Club "Domenica" Sveta Nedelja as a organizers of the camp)
- <u>vlado.sekelj@gmail.com</u> / +385 915122079 / <u>www.karate-kyokushinkai.hr</u>

More photos you may find on FB page Karate Kyokushinkai Croatia. Video announcement see on https://www.youtube.com/watch?v=RoEvYEfXpKU

Meet, Feel and Explore - Zadar is both, an atmospheric time machine and an open air museum. Here on display, you will find some of the most beautiful monuments of architecture and cultural heritage of the eastern Adriatic coast (source: Zadar Tourist Board on <u>https://zadar.travel/</u>)



See you in Zadar; Osu!